

OBESITY MEDICATION POLICY

It is the responsibility of the patient to call their insurance company to investigate coverage of medication(s).

Step 1

Call your insurance company. Ask: “Do I have a coverage for _X_ medication for _X_ diagnosis.” Please note, if insurance says that a prior authorization is required, this is not proof of coverage.

<u>Off Label Use Medications-aka Not for Diabetes</u>	<u>FDA approved for obesity</u>
<p><u>Name:</u> Rybelsus, Ozempic, Trulicity, or Mounjaro</p> <p><u>Diagnosis:</u></p> <ul style="list-style-type: none"> • Prediabetic (R73.03) • Metabolic Syndrome (E88.81) • Insulin Resistance (E88.81) • Impaired fasting glucose (73.02) • NAFLD/Fatty Liver (K76.0) • Impaired glucose tolerance (R73.02) • Abnormal glucose measurement (R73.09) • Polycystic Ovarian Syndrome (E28.2) 	<p><u>Name:</u> Wegovy or Saxenda</p> <p><u>Diagnosis:</u></p> <ul style="list-style-type: none"> • Obesity (E66, Z68) • Overweight (E66.3, Z68.25)

Step 2

If we are waiting on the information, please email us back at info@mpsde.com; tell us which medication is covered (or not covered) and if so, for which indications.

If you are ineligible for the above medications, detailed plan regarding alternatives is discussed at your next visit. We would be glad to offer you a sooner appointment if possible.

Step 3

Once our office receives necessary information, medication(s) will be prescribed. If the medication is already prescribed, many insurance companies require a prior authorization, additional documentations (e.g., lab work), and sometimes an appeal process.

We will NOT complete the prior authorization without the patient first verifying coverage.

Entire process can take 1-4 weeks. If you have not heard back from us within 7 business days, please contact our office preferably via email (info@mpsde.com).

Thank you,

Asma Mian, MD
Diplomate American Board of Obesity Medicine